



Welcome to the Spring/Summer edition of **Community Link**. If you would like to send any articles or information for the next newsletter, your group needs support, or you would like to access Grants Online, please contact me on 01454 868726, or email: [steph@chasekingsforestcp.org.uk](mailto:steph@chasekingsforestcp.org.uk). The deadline for articles is 21<sup>st</sup> September, 2007. I look forward to hearing from you, Steph Bengry-Howell, Community Development Worker.

## News

### Have Your Say in the Future of The Chase & Kings Forest Community Project

At the moment we are reviewing The Chase & Kings Forest Community Project, in order to plan for the future. The project was set up (as a CVS originally) to provide support to voluntary and community groups in the Chase & Kings Forest areas of South Gloucestershire.

We would like to hear from you about the project: Has the project supported your group, was this useful? Could we do more to support your group or other local organisations? Is there anything we are not doing, that you think we should? Do you have any ideas for projects in your local area but do not know where to start to get them off the ground? Is this newsletter useful, could it be improved, are there better ways to share information?

We are organising a lunch on

Friday, **June 29<sup>th</sup>** from **12 until 2pm**  
In Room 4 at **The Park Centre**, Kingswood

to get together with local groups and residents to find out what they think. This will also be an opportunity for volunteers and paid workers from groups in the Chase & Kings Forest areas of South Gloucestershire to meet and share their successes and experiences.

We will be providing food, so please let me know if you can attend by Tuesday June 19<sup>th</sup>.

If you are not able to attend but have any views on what the project is doing well, or what it isn't doing but you feel it should, then let me know on:

**01454 868726**, or by email: [steph@chasekingsforestcp.org.uk](mailto:steph@chasekingsforestcp.org.uk)

Steph Bengry-Howell, Community Development Worker

### **The Park Café, Kingswood**

The Park Café in Kingswood, has been open to the public for the past 18 months. We are based in The Park Centre, High Street, Kingswood. The Park Centre has rooms that can be rented out. We have rented the café area, which we use to teach people who have learning difficulties a NPTC qualification in catering or retail.



The café is **open Monday to Friday 9.30-3pm**, we are open to the public, and we provide a lunch club to the local community. We provide low cost food and drink, as well as provide a service to the local community. We have helped to set up a mother and toddler group, which is held in the Park

Centre on a Monday morning, and we plan themed events throughout the year, such as bingo bangers and mash afternoon, paint a tile day, create your own pizza and meals to celebrate religious and cultural events.

Some of the students have completed their course and have moved on to employment, which is a great achievement, when they have never before been able to earn their own money. They can now earn a fair wage to allow them to pay for their house keeping.

Due to the success of the Park Café we have **opened another café** in South Gloucestershire, which is based in a new community building called Turnberries. The building, in Bath Road, **Thornbury**, has been purpose built for the community to use.

We can provide buffets for meetings in either of the buildings and to outside venues.



For more information please contact Sam Miller on **01454 862191**, 07977079637 or by e-mail [samfromtheparkcafe@hotmail.co.uk](mailto:samfromtheparkcafe@hotmail.co.uk)

### **A New Community Flat for Kingswood**

A lot of work has been done to develop a new community facility on the Kings Meadow Estate in Kingswood. Planning permission has been received to turn a residential flat into a community facility. The flat at 19 Barrington Close, is a ground floor property and will have its own entrance from the green open space that the flat looks out onto. The flat will bring new services and facilities to the local neighbourhood and will also create a focal point for community activity. On Friday 11th May local residents formed a management committee to oversee the management of this exciting project.



For **further information** on the new community flat, contact **Sarah Roberts**, Community Engagement Officer for Priority Neighbourhoods, at South Gloucestershire Council, telephone **01454 868127** or email **[sarah.roberts@southglos.gov.uk](mailto:sarah.roberts@southglos.gov.uk)**



### **BADSS - Bristol Area Downs Syndrome Support.**

We are an active parent led support group with around 150 members. Our aim is to enhance the lives of people with Downs Syndrome, their families and care givers in Bristol, Bath and surrounding areas. We organise and run events for all ages from new born to young adults. We are also willing to share our experiences and knowledge, we are confident one of us will be able to offer help. This ranges from the simple help and reassurance of bringing up children to helping get access to and resources from health and education Professionals and local Authorities.

We are affiliated to the Downs Syndrome Association (DSA). They provide the national focus for issues affecting anyone with Downs Syndrome. We also work closely with other local DSA groups and groups providing specific support such as the Downs Ed Trust.

Parents and guardians of children with Downs Syndrome or their friends and family, who would benefit from help and support from other parents are encouraged to contact us on **0845 64 22377**. Or email **[info@badss.org.uk](mailto:info@badss.org.uk)** in confidence for help, advice or simply for someone to talk to. Or look on our website at **[www.badss.org.uk](http://www.badss.org.uk)** "

## Take the challenge – change your world.....

.... is the exciting message behind this year's summer reading challenge for children in South Gloucestershire Libraries. In partnership with BBC Breathing Places, every library in South Gloucestershire will be taking part and every child who takes the challenge will receive a colourful collector's wallet which they can transform with stickers that they earn by reading books. The goal is to read 6 books over the summer and receive a certificate, medal and prizes.



In addition, national organisers have teamed up with the Woodland Trust's Tree for All campaign to ensure that every book a child reads as part of the Big Wild Read will be rewarded with *tree tokens*, which will be turned into new trees for UK woods.

The simple message to children is that they can get involved in creating Breathing Places by making changes to the places on their doorstep and providing food, shelter and water for wildlife. We also want to encourage them to save energy and water and recycle, so they can help to change the world.

As well as playing the game this summer holidays, the libraries will once again be offering weekly drop-in activity sessions with puzzles, games and prizes. Check out the website for details from July onwards [www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries), **contact the library service on 01454 868006** or pop in to your **local library**.



### An opportunity for all you poets out there!

We want to see your poems on the theme of "FREEDOM"

The poetry competition, in 4 age categories, is open to anyone who lives or works in South Gloucestershire. Full information and entry forms are available in all South Gloucestershire libraries and on the website, at [www.southglos.gov.uk/libraries](http://www.southglos.gov.uk/libraries), where entries can also be submitted.

The **closing date** for entries is **31 July** with winners being contacted after 3 September. The prizes, which include a place on a creative writing course at Bristol University will be presented at an event hosted by local poets David Johnson and Peter Hunter on the evening of National Poetry Day, *Thursday 4 October 2007*.

For **more information** contact **Carol Laslett on 01454 865 663**

**URGENT! Volunteers Needed at Kingswood Heritage Museum**

Can you spare a few hours of your time in an interesting and friendly museum, on a **Tuesday** or **Sunday** afternoon From 2.00 p.m. to 5.00 p.m. We need to fill the following vacancies –

**STEWARDING** (with training)

**RECEPTIONIST**

**KITCHEN STAFF** – to serve light refreshments

**SHOP ASSISTANT** – in a small shop

**CLEANING STAFF** – light cleaning

Either **call in** or **telephone Margaret Hanks** on **0117 9678587**. Arrangements can be made for you to visit and meet our team of volunteers.

**Freedom Programme in Yate and Kingswood!**

Survive are very excited to be rolling out the Freedom Programme, a 12-week support group for any women coping with or wishing to learn more about domestic abuse/violence.

The programme is really flexible in that women can join at any time, each weekly session is for an hour and a half, it only runs during school terms, it's free and a crèche is also provided.

*“Really valuable information and support, especially from the group, having been so extremely isolated”*

Often, women who have experienced abuse have little or no understanding of what has happened to them, it can feel like a painful confusing mess for which they are largely to blame. The programme can help women to understand and break the cycle of domestic violence, build confidence, understand the beliefs held by perpetrators of domestic violence and in so doing, recognise which of these beliefs they share and recognise potential future abusers.

*“I don't feel as if I am the only one”*

Participants frequently say how important it is to be able to talk about their experience in a safe and confidential environment with others who have been in similar situations. The groups can help to develop networks and provide information about other community resources.

Survive is a voluntary agency based in South Gloucestershire providing services for women and children affected by domestic violence / abuse, providing supported accommodation, community based support, specialist children and young people's services and support and education groups.

Please **call us** on **0117 9612999** (Mon-Fri 9am – 4pm) if you would like to come along or to find out more about the group or any of our other services.

**Pride in Kingswood Park Festival**  
**Saturday, August 11<sup>th</sup>, 2007**

Would you like to raise awareness of your charity or group amongst the residents of Kingswood ?

Or sell craft items to raise money for your group?

Charities can **book a table** at the Festival free of charge, individuals/non charitable organisations can book a table for £10.

The Friends of Kingswood Park are looking for **volunteers** to help at the Festival with stewarding, selling programmes, counting visitors.

**For more information** or to **volunteer**, or **book a table**, speak to an Event Organiser on: 0117 9098275.

**DOWNEND FOLK HOUSE ASSOCIATION**

This Association opened in 1970 and although we have an Administrator it is largely run by volunteers. We are housed in Lincombe Barn, Overdale Road, Downend which we lease from the SGC and maintain ourselves. We are a registered charity.

We have a wide range of clubs and classes covering, arts and crafts, physical exercise and music as well as playgroup and carer & toddlers sessions.

We also have a range of social activities from coffee mornings and lunches to tea dances and outings.

If you are looking for local activities to get involved in visit our website on [www.downendfolkhouse.org.uk](http://www.downendfolkhouse.org.uk) or call into our premises and pick up a prospectus.

Our **office** is **open Monday to Thursday** from **9.45am to 12.15pm, 1.30-4.30pm**  
**7.00-10.00pm**

And on **Fridays** from **9.45am – 12.15pm**, variable afternoon shifts & **7.00 – 10.00pm**.

Our telephone number is **0117 9562367**

If you are looking for a new hobby or to meet new friends we would be delighted to see you.

**Courses available through South Gloucestershire Community Learning Service**

- **Brush Up Your Maths**  
New short course **starting Monday June 11<sup>th</sup>** for adults keen to look at and improve their numeracy skills – in a friendly and relaxed setting! The course is **FREE** and will run for 6 weeks from **7pm – 9pm** at The Park Centre.
  
- **Creating Confidence**  
Is a 7 week course aimed at people wanting to look at developing their confidence, reflect on their skills and achievements and begin to look at setting personal goals. The sessions will run at the Bourne Family project, Waters Road, Kingswood on **Monday mornings** from **early June**.
  
- **Introduction to Computers**  
There are still a few places left on this course running at Downend Library on **Tuesday** evenings: **6pm – 8pm** from **June 5<sup>th</sup>**. This course is aimed at people with few formal qualifications wanting to develop or update their skills to improve their job options and will run initially for 6 weeks.
  
- The Park Centre ... is going to be hosting a number of courses for South Glos Community Learning Service over the coming months; many of these will focus on literacy and numeracy giving local people the opportunity to brush up their skills – and go on to work towards national tests if they wish! Please do call in to pick up their latest leaflets!

For **more details** on any of the above courses, or to book a place, please phone **Helen** on **01454 864638**.

**Stakeholder Events for Hanham, Kingswood & Patchway Children's Centres**

**Hanham Children's Centre Stakeholder Event**

Thursday 12 July – 10-12 noon, at Hanham Folk Centre, High Street, Hanham

**Kingswood Children's Centre Stakeholder Event**

Monday 16 July – 10-12 noon, at The Park Community Rooms, High Street, Kingswood

**Patchway Children's Centre Stakeholder Event**

Thursday 19 July – 10-12 noon, at Coniston Community Centre, Coniston Road, Patchway

## **Help us become a Foundation Trust**

**United Bristol Healthcare NHS Trust which runs the Bristol Royal Infirmary, Bristol Children's Hospital and other Bristol city centre hospitals is applying to become an NHS Foundation Trust by early 2008.** Foundation Trusts are still part of the NHS and are a new type of organisation known as a Public Benefit Corporation. They are not run for profit and continue to work in partnership with the rest of the NHS.

Foundation Trusts are accountable to local communities and are expected to meet the same healthcare and performance standards as all other NHS Trusts. Local people, including those in South Gloucestershire, patients and carers will be able to become a member of our Foundation Trust and have a say in how we develop our services.

We believe that becoming a Foundation Trust will give us more freedom in what we do and how we do it, bringing a range of important benefits, such as: closer links with patients, carers and local people, opportunities for people to have more of a say, flexibility to respond to the needs of people who use our services, and freedom to borrow money in order to develop better services and to offer more choice for people.

Our consultation period ends on 25<sup>th</sup> June and we would like as many people as possible to tell us what they think of our proposals. You can do this if you haven't attended one of our public meetings by contacting us using the details on the right.



## **Go Ahead for Cossham**

The NHS set up a Project Board in October 2005 to develop proposals for future services for people living in 'Kingswood and District'. This area includes Kingswood itself, the South Gloucestershire wards around Kingswood and East Bristol. Half of the Project Board came from outside the NHS, and included the Chase & King's Forest Community Project. The Project Board proposal, that we should expand local health services in a refurbished Cossham Hospital, was recently agreed by the three NHS Boards. Facilities at Kingswood Health Centre will also be improved for the patients of the GP surgery and local authority staff based there now.

The Project Board's job is now done, so it has been 'stood down'. New arrangements are being put in place for the detailed planning and implementation of these proposals, involving many representatives of the local community. An application has also been made for Community Hospitals funding from the Department of Health.

For **further information** please contact **Paul Frisby** on **0117 330 2432** or email: [Paul.Frisby@sglos-pct.nhs.uk](mailto:Paul.Frisby@sglos-pct.nhs.uk).

## Funding news

### **UK Grants From Comic Relief**

The biggest grant fund Comic Relief operates is the **Red Nose Day Programmes**, concentrating on 6 areas: young people (Main Grants only), older people (Main & Small Grants), mental health (Main & Small), refugees & asylum seekers, domestic violence (Main Grants only) and disadvantaged communities (Small Grants). The deadlines for **Main Grants** (over £5,000), under these programmes for the next 4 cycles are:

**Cycle 1 – 8<sup>th</sup> June 2007, Cycle 2 – 12<sup>th</sup> October 2007, Cycle 3 – 28<sup>th</sup> February 2008, Cycle 4 – 15<sup>th</sup> August 2008.**

You can apply for a **Small Grant** (under £5,000) **at any time**. One example is under the:

#### **Disadvantaged Communities Programme**

This programme funds grassroots community groups, community enterprises and registered charities that address social and economic deprivation within specific geographic areas such as a housing estate, neighbourhood or village. The focus of the programme is on small scale local projects which were started by local residents who came together to try to improve their community. This programme does not support work over a larger area, for example, city-wide initiatives or across a whole town. To be eligible applicants need to have a turnover of less than £150,000.

For **more information** on both Main Grants and Small Grants, contact the UK Grants Team on: **020 7820 5555**, or visit: [www.comicrelief.com](http://www.comicrelief.com)

#### **Sport Relief Grants**

Community based organisations working with disadvantaged communities and groups in the UK are eligible to apply for funding under the Sport Relief Grants Programme. The Programme was set up by Comic Relief and BBC Sport. In the UK, money raised through Sport Relief 2006 is being distributed in two ways. One of those is through the **UnLtd Sport Relief Awards Programme**. This programme supports young people (aged 11 to 21) with setting up projects, using sport and recreational activities, to tackle conflict in their local area. Grants are available for up to £5,000. For **more information** or to apply for a grant, contact:

**0845 850 1122.**

### **Funding for Young Film Makers from First Light Movies**

First Light, supported by the UK Film Council and the National Lottery, provides grants to young people, aged between 5 and 18, where they take a lead role in all aspects of film production. Support is available through three funding streams.

**The Pilot Awards** which provides grants of up to £5,000 for the production of a 5 minute film. **The Studio Awards** which provides grants of up to £25,000 for 2 to 4 films up to 10 minutes long. **What's the Big Idea? Award** provides a maximum grant of £1,000 to develop ideas & stories for films. The **closing date** for the Studio Award is the **25<sup>th</sup> September 2007**. Applications for the Pilot Award and What's The Big Idea? Award can be made at any time. For an application pack and guidelines, contact: **0870 770 3245**, or visit: [www.firstlightmovies.com/funding/](http://www.firstlightmovies.com/funding/)

### **Tesco Charity Trust Community Awards**

Grants of between £1,000 and £5,000 are available. The first step is to write to the Trust with brief details of your project. They will let you know whether your project fits the criteria and when they will send out an application form. Applications are considered in two rounds:

Organisations (including community and voluntary groups) **supporting children's welfare and children's educational projects**, including special needs schools, need to write to the Trust by the **31st January** each year. Application forms are distributed in February, with a closing date for return. Decisions are made by October/early November.

Organisations supporting **elderly people and people with disabilities** need to write to the Trust by the **30th June**. Application forms are distributed in July, with a closing date for return. Decisions are made by October/early November.

For **more information** contact Tesco Charity Trust on: **01992 646768**. Or download the guidelines:

[www.tesco.com/everyLittleHelps/downloads/TescoCAGs.pdf](http://www.tesco.com/everyLittleHelps/downloads/TescoCAGs.pdf)

### **GlaxoSmithKline IMPACT Awards (UK)**

These Awards are run by The Kings Fund, in partnership with GlaxoSmithKline. They are designed to recognise and reward the work of small to medium-sized voluntary organisations in the UK, with a proven track record in community health care. Applications are invited from registered charities who are at least three years old, work in a health-related field in the UK and have a total annual income of less than £1 million. The 2007 Awards were judged in January; the ten winners received £20,000 with the overall winner receiving an extra £10,000. Ten highly commended organisations each received £5,000. The overall winner of the 2007 Awards was ERIC, based in Kingswood. The **2008 IMPACT Awards** will be **launched** on the **2nd July 2007**, when new guidelines for applicants and an application form will be available. The **deadline** for completed applications will be **28th September 2007**. For **more information**, contact: **020 7307 2466**, or visit:

[www.kingsfund.org.uk](http://www.kingsfund.org.uk)

**Congratulations ERIC!**

### **Help Yourself Awards Scheme**

Over fifty Awards of up to £1,000 are available to help young people get involved in dynamic and lasting community projects. The here to HELP Awards aim to support adults, children and young people working together for the benefit of their community. The scheme is a collaboration between Save the Children and British Gas. Projects must take place between September and November 2007. Priority will be given to communities facing the most disadvantage; they are looking for projects that are young person lead, or where organisations genuinely want to involve young people. The **closing date** for applications is the **22nd June** 2007.

For **more information**, email: [helpyourselves@savethechildren.org.uk](mailto:helpyourselves@savethechildren.org.uk)

Or contact: Anne Carey, Save the Children, 5th Floor, Hawthorns House, Halfords Lane, Smethwick, West Midlands B66 1BB. Or visit: [www.helpyourselves.org.uk](http://www.helpyourselves.org.uk)

## Events, training & networking

### **Thornbury Volunteer Centre, AGM**

Wednesday 6<sup>th</sup> June 2007, 4pm-6pm  
At Turnberries, Thornbury  
Guest speaker: Phyllida Parsloe,  
Speaking about the new community  
building, Turnberries.  
FFI: contact Kim Webb on  
01454 413392

### **Running Effective Meetings**

Tuesday 19<sup>th</sup> June 2007  
10 am – 12 pm  
The Park Centre, High Street,  
Kingswood, BS15 4AR  
Free course  
FFI: Contact Steph at The Chase &  
Kings Forest Community Project, on:  
01454 868726 or email:  
[steph@chasekingsforestcp.org.uk](mailto:steph@chasekingsforestcp.org.uk)

### **Free Family Fun Day**

20<sup>th</sup> June 2007, 2 – 4.30pm  
Parkwall School, Cadbury Heath  
FFI: Victoria Hicks, Oldland Parish  
Council, on: 0117 9615021 or email:  
[mgvhicks@ticali.co.uk](mailto:mgvhicks@ticali.co.uk)

### **Media Training**

CVS South Glos training  
Thursday 21<sup>st</sup> June 2007  
9:30am – 3.30pm  
The Jubilee Centre, Savages Wood  
Road, Bradley Stoke. BS32  
Members £25, non-members £40,  
Statutory Sector £80. Some  
subsidised places available.  
Lunch provided.  
FFI: Sarah Buckle on 01454 868729 or  
Email: [trainingdev@cvs-sg.org.uk](mailto:trainingdev@cvs-sg.org.uk)

### **Parish Footpath Walks**

July 2<sup>nd</sup> 2007, meet at 7pm  
Wickes car park, Alder Moor Way  
Longwell Green.  
FFI: Victoria Hicks, Oldland Parish  
Council, on: 0117 9615021 or email:  
[mgvhicks@ticali.co.uk](mailto:mgvhicks@ticali.co.uk)

### **Introduction to Managing Volunteers**

Tuesday 3<sup>rd</sup> July 2007  
10 am – 12 pm  
The Park Centre, High Street,  
Kingswood, BS15 4AR  
Free course  
FFI: Contact Steph at The Chase &  
Kings Forest Community Project, on:  
01454 868726 or email:  
[steph@chasekingsforestcp.org.uk](mailto:steph@chasekingsforestcp.org.uk)

### **Effective Networking for Voluntary, Charitable and Social Economy Organisations**

CVS South Glos training  
Thursday 5<sup>th</sup> July 2007  
9.30am – 4pm  
The Greenfield Centre, Park Avenue,  
Winterbourne. BS36 1NJ  
Members £25, non-members £40,  
Statutory Sector £80. Some  
subsidised places available.  
Lunch provided.  
FFI: Sarah Buckle on 01454 868729 or  
Email: [trainingdev@cvs-sg.org.uk](mailto:trainingdev@cvs-sg.org.uk)

### **Cadbury Heath Festival**

Coronation Park, Cadbury Heath  
Saturday 7<sup>th</sup> July, 12pm – 7pm The  
main attraction this year is a  
**'Crazy it's a Knockout'** tournament,  
involving 10 teams of 8 people.  
To participate in this year's event, or  
if you want to enter a team in the  
tournament, contact:  
**Steve Skidmore on 0117 9673941** or  
Victoria Hicks, Oldland Parish  
Council, on: 0117 9615021 or email:  
[mgvhicks@ticali.co.uk](mailto:mgvhicks@ticali.co.uk)

### **Clocktower Open Day**

Saturday July 1<sup>th</sup> 2007  
11am – 3pm  
An opportunity to have a look inside  
a Grade 2 Listed Building, part of The  
Kingswood Heritage Museum.  
See what goes on at the  
Clocktower, and take part in  
activities such as henna hand  
painting and face painting.  
FFI: contact the Clocktower on  
0117 9671655 or email:  
[theclocktowerassociation@btinternet.com](mailto:theclocktowerassociation@btinternet.com)

### **Parish Footpath Walks**

9<sup>th</sup> July 2007, meet at 7pm  
in the Mill car park, Longbeach  
Road, Longwell Green  
FFI: Victoria Hicks, Oldland Parish  
Council, on: 0117 9615021 or email:  
[mgvhicks@ticali.co.uk](mailto:mgvhicks@ticali.co.uk)

### **Develop Your Confidence as a Volunteer**

CVS South Glos training  
Tuesday 10<sup>th</sup> July 2007  
9.30am – 3.30pm  
Turnberries, Thornbury Community  
Centre, Bath Road, Thornbury.  
BS32 2BB  
£25 CVS Members, £40 Non-  
Members, Statutory Sector £80.  
Some subsidised places available.  
Lunch provided.  
FFI: Sarah Buckle on 01454 868729 or  
Email: [trainingdev@cvs-sg.org.uk](mailto:trainingdev@cvs-sg.org.uk)

### **Voluntary Sector Managers & Trustees Support Networks To Be Launched**

Is your organisation providing a service?  
Are you a paid manager?  
Are you a trustee?

If the answer is yes to any of the above,  
the project could help support you and  
your organisation. Introductory information  
meetings for both networks have been arranged:

**Tuesday 19<sup>th</sup> June**, 2pm – 4pm @ Turnberries  
Community Building, Bath Rd,  
Thornbury. BS35 2BB

**Wednesday 20<sup>th</sup> June**, 7pm – 9pm @ The Park  
Centre, High Street, Kingswood.  
BS15 4AR

**Thursday 21<sup>st</sup> June**, 7pm – 9pm @ The  
Ridgewood Centre, 244 Station Road, Yate. BS37  
4AF

FFI: **Gurmit Singh**, Project Development Officer  
on **01454 868730** or email:  
[projectdev@cvs-sg.org.uk](mailto:projectdev@cvs-sg.org.uk)

### **The Chase & Kings Forest Community Project**

First Floor, Mulberry House, Kingswood Foundation Estate,  
Britannia Road, Kingswood, South Gloucestershire BS158DB