



the chase and kings forest
COMMUNITY PROJECT

Welcome to the autumn edition of **Community Link**. If you would like to send any articles or information for the next newsletter (Dec 2008 edition) or if you would prefer an electronic copy of the newsletter, please contact me on **01454 868726**, or email: steph@chasekingsforestcp.org.uk. The deadline for articles is December 1st, 2008. Thank you. Steph Bengry-Howell, Community Development Worker. TC&KFCP, Kingswood Foundation Estate, Britannia Road, Kingswood. BS15 8DB.

News

AGM/Members' Lunch

Another successful members' lunch was held after our AGM on July 17th. People were able to share what they had been doing and raise issues they were concerned about. Representatives from 14 organisations attended. Some of the news shared included: Downend Folk House Association has a new prospectus and would welcome new members and volunteers to join the maintenance team. The Brandon Trust are involved in putting together a directory for the Staple Hill area to include services and groups available for people with learning disabilities. Staple Hill Residents Association have been involved in setting up a new facility for children & young people in Staple Hill, called R Place 2. Sarah Colloby from Young Bristol is supporting voluntary & community groups with providing volunteering opportunities for young people.

The main issues that were raised were around funding. There was concern expressed about the new commissioning process and the lack of information about new criteria. Fortunately the new Youth Development Worker from CVS, Jocelyne Tagg was present at the meeting, and has followed up this issue.

The majority of people liked the informal structure of the meeting, although some people present felt they would like a theme as well, e.g. around policies.

We are planning another members' lunch for the end of January. It is a great way to get support from other organisations in a similar position, sharing successes and collecting ideas/sharing problems. So please let me know if you want to attend, via the contact details above.

Steph Bengry-Howell
Community Development Worker

The Chase & Kings Forest Community Project Web-site

We are, at present, working on our web site. It was suggested at one of our members' lunches that we compile a directory of groups; we have taken this on board, and have incorporated a directory into our web site. If you are a voluntary or community group in the Chase & Kings Forest area (visit our web site to check: www.chasekingsforestcp.org.uk), you can email Steph on: steph@chasekingsforestcp.org.uk with a short description of your group (120 words), a jpeg picture (logo or photograph), and contact details. We will then include you in the directory. Suggestions for the web site will be gratefully received too!

Integrated Working in The Kingswood Locality

We are currently working with CVS to set up a network in the Kingswood Locality for groups who work with children, young people and families. The first meeting will be held on **November 18th**, 12pm -2pm, in Room 3 at **The Park Centre, Kingswood**. A free lunch will be provided. This will be an opportunity for people to find out about integrated working, for people already involved in the process to share their experiences and for groups to raise their profile locally.

If you would like more information about this event or the network, or to confirm your attendance then please contact **Steph** on **01454 868726**, or by email: steph@chasekingsforestcp.org.uk

CVS YOUTH NETWORK REJUVENATED WITH A FREE LUNCH!

Due to popular demand of those working with young people and new funding to employ the Children and Young Peoples Groups Development Officer at the CVS we will be rejuvenating the Youth Network that ran for over 2years up until March 2007. The network members will decide how the network can best meet their needs. However it could provide the opportunity to

- get peer support, advice and guidance
- share updates of work happening across the area, successes and good practice examples
- get information and advice on strategic developments
- share issues and concerns

As the YOUTH SERVICE REVIEW will be out for public consultation and COMMISSIONING issues are of key concern to groups these issues will be discussed at the first meeting held on: **THURSDAY 9TH OCTOBER, 12.00-2.00PM** at Playlink / Fromside Youth Centre, Watleys, End road, Winterbourne, BS36 1QG. Free lunch provided. For more information and to book a place, contact **Joss Tagg** on youthdevelopment@cvs-sg.org.uk or phone **01454 865205**.

Mary from Kingswood Ten-Sing Reports on: The Bristol Bike Ride - Sunday 22nd June 2008

Thirty-four riders (cycling 9, 13, 18 and more miles) and walkers (doing the 9 mile walk) from Kingswood Ten Sing participated in this with a 70 year old completing the 13 mile ride. Well done Sylvia! Four people completed the 54 mile ride including Simon who was raising funds for Project 97. The ride ended in Ashton Park where there was a very festive atmosphere. The weather was



good but there were very strong winds that made the walking and riding very difficult. Well done to everyone that participated, including Alice who walked some of the way but needed her wheelchair to complete the ride. Everyone was exhausted – so **WHY DO WE DO IT?** This was an opportunity for Kingswood Ten Sing to raise funds to help about 35 members who are going to Prague YMCA 2008 Festival in August. They will represent England alongside many other countries from across the world and they will be performing. Without raising funds in ways like this it would be very difficult for young people to participate.

If you are a group that is looking for funds I would recommend that you consider putting people in to this event as there are big opportunities to get people sponsored and the money will go to your own charity. So look out for this event next year and if you want more information contact me mary@ten-sing.co.uk or phone: **01179616929**





The Volunteer Centres South Gloucestershire Partnership

Best Buddies for South Gloucestershire!

The Volunteer Centres South Gloucestershire Partnership (Yate, Thornbury & Patchway, Filton & The Stokes Volunteer Centres) has now launched its *Best Buddies* scheme and is actively recruiting volunteers. Best Buddy volunteers will partner an adult with learning difficulties for approximately 6 months and help them start volunteer work or take part in a community activity in their area. The voluntary activity is totally dependant on what the person with learning difficulties wants to do, so our Buddies need to be flexible.

We are looking for volunteers who can give approximately 2 hours per week and have good communication skills and a supportive nature. We want to be train our new volunteers in October and initially are looking to recruit 8 people across South Gloucestershire, so if you are interested please contact Yate Volunteer Centre as soon as possible and we will send you an application form. All volunteer buddies will be CRB checked.

If you are a practitioner working with people with learning difficulties and think you may have a client who is interested in voluntary work please contact us. We intend for the buddies to be trained, CRB checked and ready to start volunteering by mid-November.

Call 01454 324102 or email yatevb@care4free.net

Interested in becoming a Community Champion?

Southern Brooks Community Partnership are working with South Gloucestershire Council's Community Engagement Team to host an event @ **The Greenfield Centre**, Park Avenue, Winterbourne, BS36 1 NJ on:

Monday, 22 September 10am – 3pm

If you want to find out more about being a community champion and working with people in your community to improve facilities, along with training in community development, then come along to this event or contact Honora on: 01454 868570 or email: honorafarley@sbcommunitypartnership.org.uk

£40k Award for Adult Learning

The Park Centre has been awarded funding for IT resources, by the NLDC and Learning and Skills Council (LSC), to enhance the quality of adult learning within the centre.

From left to right...Louise Hallett & Cathy Gane—The Park Centre
With Councillor Heather Goddard

An event was held at the centre in May to coincide with the national adult learners' week for the purpose of celebrating the achievements of learners' in the area over the past year. It was at this event that councillor Heather Goddard presented the award to the centre.



Facilities, which include ten static computers, laptop computers, interactive whiteboard, digital projector, internet access and technical support all in a newly refurbished suite, will become available from October 2008. This should greatly enhance the provision of courses such as literacy, numeracy, confidence building and ESOL (English for speakers of other languages) and will be used to launch a series of computer courses for both individuals and families.

Contact the centre on **01454 862190** for further details regarding all courses, free crèche facilities or hiring the IT suite for your organisation.

Or visit www.theparkcentrekingswood.co.uk

Read More.....Live More

Did you know that 2008 is the National Year of Reading!

From books to blogs, comics to newspapers, blockbusters to pulp fiction, we want to get everyone reading more. Libraries across South Gloucestershire have already held events including author visits, quizzes, environment days and pamper evenings.

We're talking "**word of mouth**" in **October**, encouraging everyone to spread the word about books they have enjoyed or **Do something different in libraries**. This could be trying a new author or seeing how much more there is to discover:

- CDs and DVDs that you can hire for a whole week instead of just overnight
- Large print and talking books
- Free access to the internet including online newspapers and Ancestry - the essential resource for tracing your family tree
- *Enquire*: round-the-clock online access to an information service from library professionals
- Reading groups
- School holiday activities to beat the boredom
- Advice surgeries

So why not join us and discover just how much reading can help you live more
Call **01454 868006** or visit www.southglos.gov.uk/libraries for more information

VOLUNTEERS WANTED!!!! (Female Only*)

Survive is a dynamic, innovative agency that provides high quality services to women and children affected by domestic violence in South Gloucestershire and Bristol.



We're currently looking for volunteers to get involved in a number of different areas of work in the agency:

- working with women in our refuges
- working with children and young people living in our refuges
- working with women in the community
- supporting our group programme for women
- administration
- fundraising and promotional work

We provide full training to equip you with the skills needed, ongoing support, supervision and training including funding external training. The next training course runs from October 24th to November 28th every Friday during the day.

For more information and an application pack please call **0117 961 2999** or email info@survivedv.org.uk

Survive is committed to equal opportunities in all aspects of our work.

***Section 7(2) of 1975 Sex Discrimination act applies**

Charity No 1114005

PLAY WORKERS (sessional and casual) **NEEDED** (Female Only*)

Are you passionate about children and young people?

Do you have experience working providing play and activity sessions?

We're looking for sessional and casual play workers to support our play sessions and activities in our refuges.

- Hours are variable and workers are needed for both morning and afternoon sessions.
- We provide play sessions in 3 different places, 2 based around Kingswood and 1 in the 'Stokes' area of South Glos.
- Hourly rate (range) is £8.07 - £9.82 per hour

For more information please contact **Dawn** on **01179612999** or email: dawn@survivedv.org.uk

The Princess Royal Trust Carers Centre

The Princess Royal Trust Carers Centre is delighted that funding has been increased for the 'Break For Carers' sitting service. This invaluable service enables unpaid, family carers to take a much needed break – typically 2 or 3 hours per week. Currently we are looking for carers who would benefit from this service and also new volunteers. Volunteers are fully trained and supported by the Carers Centre and all expenses reimbursed. If you would like to know more, as a volunteer or carer, we would love to hear from you. Please call **Amy Flood** or **Liz Doling** on **0117 9589903**.



SIMPLYHEALTH AWARDS - A CHANCE FOR MEMBERS OF THE PUBLIC TO NOMINATE CARER-FRIENDLY GPs CASH AWARDS FOR CARERS AND GP

The Princess Royal Trust for Carers and health and wellbeing group Simplyhealth are looking to find the GPs who provide the best support to unpaid carers, the friends and family who provide crucial support to those who are sick, frail, disabled or addicted in the community.

“Behind every sick person is a carer who needs the support of their GP,” says Keith Sinclair, Chief Executive of the Bristol and South Gloucestershire Carers Centre. **“In a recent Carers Week survey, a large majority of carers admitted to feeling ill, anxious or exhausted, with a staggering 95% of those questioned saying they regularly disguise the fact that their health is suffering, in order to continue with their caring responsibilities. Almost a fifth said they ignored feeling ill ‘all the time’.**

“We work closely with surgeries to make sure that they are ‘carer-friendly’, proactive in monitoring the health of family carers as well as making sure they have information on support organisations and statutory services,” says Keith. **“These awards are an important way of encouraging and supporting GPs.”**

Carers are now invited to contact the Princess Royal Trust for Carers, detailing how their GP is supporting them. They need to include their own name, address, telephone number and the surgery's contact details.

This year's prize will be £250 for both the carer and the winning GP.

Carers should write to: **The Princess Royal Trust for Carers**, Freepost RRRY-JLXK-GZCG, Unit 14, Bourne Court, Southend Road, Woodford Green, IG8 8HD. Alternatively, they can email gpawards@carers.org . **The deadline is 10th October 2008.**

Training

CVS SOUTH GLOUCESTERSHIRE: AUTUMN PROGRAMME 2008

Learning to Lead ~ developing your leadership & management skills ~

This is a one-day introductory course, which will also serve as the foundation for an in-depth leadership course, which will run for 4 days between January and June 2009. Priority for the 4-day course will be given to those enrolling at the end of this one-day course so early booking is strongly advised.

Wednesday 8th October, 9.30am to 3.30pm @ Baileys Court Activity Centre, Baileys Court Road, Bradley Stoke, S. Glos. BS32 8BH.

Designing and Planning Successful Projects

This one day course is designed to give you the essential tools of project design and planning.

Wednesday 22nd October, 9.30am – 3.30pm @ Emerson's Green Village Hall, Emerson Way, S. Glos. BS16 7AP.

Level 2 Award in Health and Safety in the Workplace

This course provides an introduction to both employees and employers on health and safety issues and how to reduce risks in the workplace.

Wednesday 29th October, 9.30 to 4pm, @ Baileys Court Activity Centre, Baileys Court Road, Bradley Stoke, S. Glos. BS32 8BH

Cost: **Free to CVS Members**, Non CVS Members £25. Lunch will be provided.

FFI or to book, contact **Sarah Buckle** at CVS South Gloucestershire on:

01454 868729 or email: trainingdev@cvs-sg.org.uk

Community Learning in Kingswood and Cadbury Heath - Autumn/Winter 2008 -

Creating Confidence: a short course to help you focus and look at positive ways of valuing your strengths and overcoming barriers.

Wednesdays: 10am – 12, @ **Bourne Family Project**, Waters Rd, Kingswood
5 weeks **start Sep 17th** (+ follow-on 5 week course)

Beginners Computer Course: a 10 week course for those who prefer to learn at a slower pace helping you improve your computer confidence.

Tuesdays: 10am – 12 noon @ **Cadbury Heath Library**. Start **Sep 23rd**

Computer Skills for work/training: 10 week courses for those wanting to update their skills and improve their work/training options:

Thursdays: 1pm – 3pm, start **Sep 25th** @ Kingswood Library

Thursdays: 6pm – 8pm, start **Sep 25th** @ Cadbury Heath Library

Managing Stress: a 10 week course introducing the use of complementary therapies to manage stress within your daily lives.

Mondays: 1pm – 3pm, start **Nov 10th** @ the Park Centre, Kingswood

Other courses planned for the future include: **Brush Up Your Maths, Brush Up Your Literacy, Help Your Child with Maths/Literacy, Healthy Eating. If you would like more information on any of these courses, or to book a place on those listed above, please contact: **Helen Stone** on:**

01454 864638, or email: helen.stone@southglos.gov.uk

Funding news

The ASDA Foundation Trust

The ASDA Foundation trust was set up in 1988 to support local good causes chosen by employees and is funded by profits from the mid-week national lottery. The Foundation can support charities within the UK, as well as people and projects that require financial assistance, including everything from local charities and playgroups to football teams as long as they have the support of local ASDA colleagues. Some of the projects that the ASDA Foundation has supported in the past include:

- Working with Civic Pride to preserve the history of the Rossendale community by funding the restoration of a Clock Tower in the town centre of Rawtenstall. The Clock Tower, all that remains of Holly Mount School, was a historical focal point which had not worked for decades.
- Southglade Park Community Allotment, which the ASDA Foundation continues to fund. This is a non profitable initiative where the produce grown is used to educate young children and adults on the Government's guidelines for healthy eating. The project is working in connection with local primary and senior schools, lone parents and people with disabilities. Sure Start is also aiming to involve local youth offending teams. In the long term the project leaders want to be able to provide part-time employment for people in the local community.

FFI: Contact your local Store or Depot, or visit:

<http://www.about-asda.co.uk/communities/asda-foundation.asp#foundation>

Children, Young People and Families Grant Programme

The Department for Children, Schools and Families (DCSF) has announced that the next application **deadline** for the Children, Young People and Families Grant Programme is midday **31st October 2008**. The results of the grant programme will be announced on, or shortly after, 15 December 2008. The new grant round is for funding from April 2009- March 2011. The Children, Young People and Families Grant Programme is a national grant programme to fund work to improve outcomes for children, young people, and families (parenting and couple relationships) in England. The programme provides strategic and innovation grants to organisations doing work of national significance that support DCSF's Every Child Matters programme and the DCSF Children's Plan. The programme is open to third sector organisations. Through the programme two types of funding are available:

Strategic grants to support the core operational activities of organisations that make a significant contribution to achieving the grant programme's aims. Strategic grants are available for work of national significance to: build capacity; support networks; and develop specialist services.

Innovation grants to support new approaches to service delivery; in particular, disadvantaged and minority ethnic children, young people and families whose access to services is limited.

Although there is no maximum level of funding that organisations can apply for, the **minimum grant** available is **£50,000**. Previously funded projects include Crime Concern which received a grant of £223,500 over three years to provide parenting support and parenting classes for parents of children (8-12) at risk or involved in anti – social behaviour and Families Need Fathers (FNF) who received a grant of £401,000 to support children and young people maintain their relationship with their parents during and after separation.

FFI: email: CYPF.2009-10@dcscf.gsi.gov.uk , or visit:

<http://www.everychildmatters.gov.uk/strategy/voluntaryandcommunity/cypfgrant/>

Comic Relief's Disadvantaged Communities Programme

Local community groups, community enterprises and registered charities that address social and economic deprivation within specific geographic areas such as a housing estate, neighbourhood or village may be eligible to apply for grants of up to £5,000 through this programme. Funding is available to cover: running costs, including core costs and project costs; contributions to equipment and simple refurbishments to community buildings; activities which help local people to be more involved in decision-making, such as carrying out surveys and research in the community, community newspapers, support for campaigning; and activities which improve how effective the group is, such as training in bookkeeping or helping trustees understand their responsibilities.

The focus of the programme is on small scale local projects which were started by local residents who came together to try to make their community better. This programme does not support work over a larger area, for example, city-wide initiatives or across a whole town. To be eligible applicants need to have a turnover of less than £150,000. Applications can be made at any time.

FFI: Contact the UK Grants Team at: Comic Relief, 5th Floor, 89 Albert Embankment, London SE1 7TP, call: **020 7820 5555**, email:

ukgrants@comicrelief.org.uk , or visit:

<http://www.comicrelief.com/apply-for-a-grant/uk/application/dc-preview.php>

Faiths in Action Fund

Faiths in Action is a £4m grants programme open to faith, inter faith, voluntary and community organisations and groups in England. The Fund will be open for organisations at national, regional or local level in England to apply for funding. However any activities and initiatives that are funded must take place in local communities and have a strong local impact. Partnership applications will be particularly welcome. Administered by the Community Development Foundation (CDF) on behalf of the Department for Communities and Local Government (CLG), Faiths in Action aims to bring communities together, promoting positive relationships and collaborative social action between people of different religions and beliefs.

Grants will be distributed in two rounds. **Round One**, which opened 1 August 2008 will issue grants of **up to £12,000** to be spent over two years from March 2009.

Deadline for applications (in electronic or paper format) and all associated paperwork is 5pm on **1 November 2008**.

FFI: Call **0117 304 2298**, email: info@faithnetsouthwest.org.uk, or write to:
162 Pennywell Road, Bristol BS5 0TX

Grassroots Grants

£1.3 million of grassroots grants are available for the West of England. The Grassroots scheme is part of a national £80 million grants initiative, targeted at predominately volunteer-led groups, active for more than 12 months, with an annual income of less than £20,000. Grants of **up to £5,000** are now available to fund practical items such as computer equipment or furniture, put on community events and activities, provide training, cover staff and rent costs, and more.

FFI: and to download guidelines, application forms, and apply online visit:
www.quartetcf.org.uk, or call: **0117 989 7700**

Historic Buildings, Monuments and Designed Landscapes

Organisations and individuals who have a legal responsibility for the repair of a historic building, scheduled monument or designed landscape have the opportunity to apply for grant funding for urgent repairs or other work required within two years to prevent loss or damage to important architectural, archaeological or landscape features. There is no maximum grant level that organisations or individuals can apply for. However the **minimum grant** available under this scheme is **£10,000**. To qualify for a grant under this scheme, it would normally be expected that your project involved one of the following: a building listed at grade I or II; a scheduled monument; a designed landscape that is included in their Register of Parks and gardens at grade I or II.

Regional Priorities: listed buildings and scheduled monuments appearing on their Buildings at Risk Register; supporting the underwriting of work notices issued by a local authority; proposals that increase the skill levels and ability of key regional partners to deliver positive change in the historic environment; to projects where local partners are working to implement area-based regeneration and to Monument Management Schemes.

The grant is managed by **English Heritage** and applications need to be submitted to EH relevant regional offices. Most grants will be conditional upon an agreement to provide public access. There is no closing date and applications are accepted on a rolling basis.

FFI: Contact the English Heritage South West Regional Office at 29 Queen Square Bristol BS1 4ND, call: **0117 975 0700**, email: southwest@english-heritage.org.uk,
Or visit: <http://www.english-heritage.org.uk/server/show/conWebDoc.4554>

The Ibrahim Foundation

The Ibrahim Foundation was established in 2007 by Azeem Ibrahim in memory of his father Muhammad Ibrahim. The Foundation is a private grant making body and is not a registered charity or a limited liability company. The Foundation offers grants to organisations which aim to improve the quality of life for people and communities in the UK. The Ibrahim Foundation like to consider work which others may find hard to fund. They offer grants of between **£500 and £10,000** and in some cases up to £50,000. They do not have areas of focus in grant making, but they are particularly interested in the following areas: community capacity-building, the environment, strengthening not for profit organisations, supporting families.

Applications can be made at any time and grants are awarded twice a year.

FFI: Email grants@ibrahimfoundation.com, or visit:

<http://www.ibrahimfoundation.com/home.html>

Community Radio Fund

The Office of Communications (Ofcom) has announced that the second round for funding applications in 2008/09, under its Community Radio Fund, will **open on 5th November 2008** and **close on 2nd December 2008**. The Community Radio Fund Panel will meet to consider applications on 28th January 2009. Grants can only be made to community radio licensees who are broadcasting under a community radio licence (and not an RSL, for example). Eligible licensees must be broadcasting by the time the Panel meets to consider applications for the round applied for.

Under the fund, Community Radio Stations will be invited to apply for funding to support their core running costs. These can include:

Management;

Administration, financial management & reporting costs;

Fundraising to support the station;

Community outreach work;

Costs involved in using volunteers (but not volunteer expenses).

There is **no upper limit** of grant that can be applied for; however, **the minimum grant is £5,000**.

The latest application form and guidance notes are available now.

FFI: contact Ofcom's Community Radio Team via email:

communityradio@ofcom.org.uk, by telephone **020 7981 3860**, or visit:

http://www.ofcom.org.uk/radio/ifi/rbl/commun_radio/Communityfund/

If the query relates to the application form, contact the Team (Alex Campbell on 020 7981 3860, Elaine Woolford 020 7981 3886 or Soo Williams on 020 7783 4319).